

# NINE - TO - FIVE

a pair of knitted socks

9- to - 5 socks

Designed by  
Nicole HIndes  
All Buttoned Up  
23.06.07

Fuchsia Socks Knit  
and photographed  
by Nicole HIndes.

Green socks knit  
and photographed  
by Ruth at  
<http://ruthlessknitting.ruthlessediting.com> who so generously test knit this pattern for me. Many thanks.



**Gauge:**  
34 stitches over 4  
inches.

[allbuttonedup.wordpress.com](http://allbuttonedup.wordpress.com)

**By Nicole HIndes**

These socks remind me of how I feel after working from nine in the morning until five at night, sometimes more than just five days a week. I get all wound up! The sock also has a dressier quality to it, so it can be a work sock too.

These socks feature a deceptively simple stitch pattern that looks like it would require a cable needle – but it doesn't! The heel uses a half-linen stitch that creates a woven look that perfectly compliments the two spirals that continue down each side of the heel flap. This sock also features a special method of picking up the heel stitches – a way which places the column of selvedge stitches on the outside of the sock, creating a decorative braid that further sets off the heel. This sock is very stretchy because of the ribbed nature of the stitch pattern.

**Size:**

Ladies Medium (Shoe size 8-9). Note: The ribbed texture of this sock makes it very stretchable and so the size is variable. It could easily fit a wide range of shoe sizes. Other size changes can be made by adding repeats or changing the needles size.

**Finished Measurements:**

(Not measured on foot) Length: from back of heel until toe, 8.5 inches.

The leg and foot stretches to more than 12 inches in diameter, but pulls in snugly to the shape of your foot. Again, this pattern will fit a wide range of foot sizes.

**Materials:**

Fuchsia Socks - Lorna's Laces Shepherd Sock (80% superwash wool, 20% wool; 215 yards) 2 skeins, shown in "Berry"

Green Socks - Opal Uni Solids (75% Superwash Wool, 25% polyamid) 1 skein, shown in color 40  
1 set of 5 dpns in US 1.5 (2.5 metric)

Tapestry needle

**Pattern stitch - "Broad Spiral Rib" from Barbara Walker's First Treasury**

Round 1 - \*P2, (k2tog, but do not slip off the needle. Put the right needle between the two stitches just knit together and knit the first stitch again. Drop both stitches off the left needle.) twice. \* repeat through the round.

Rounds 2 and 4 - \*P2, K4\* around.

Round 3 - \* P2, K1, K2tog, do not drop the stitches off the needle and work as before, K1\* repeat through the round.

**Cuff**

CO 72 stitches, loosely. Divide your stitches so that 18 stitches are on each needle. Being careful not to twist, join the round, knitting in p2, k4 rib. Note that the first needle after the cast-on tail is needle 1, the second needle 2, etc. Continue the cuff for 24 rounds or, roughly 2 inches.

Work in pattern stitch for 5 more inches (or until the entire piece measures 7 inches), ending with round 1.

Redistribute stitches as follows to prepare for heel flap.

Using needle 4, purl one stitch from needle 1. Move the first purl stitch from needle 3 onto needle 2.

Needle 1 has 17 stitches, needle 2 has 19 stitches, needle 3 has 17 stitches, needle 4, 19 stitches.

**Heel Flap**

Turn. Sl 1 stitch, p4, k1, purl 24. M1, k1, p5.

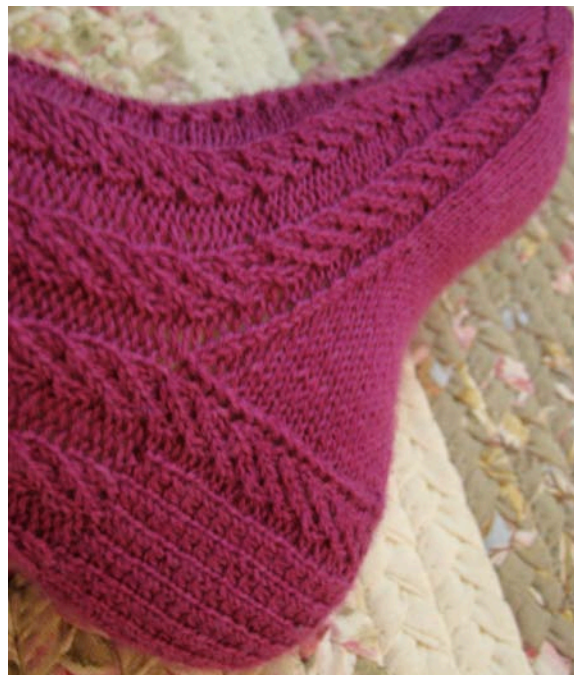
Turn. Row 1 of heel flap pattern: Sl 1 K1, K2tog, do not drop the stitches off the needle and work as before, K1, P1 \*k1, Sl 1wyif\* 12 times. K1, P1, K1, K2tog, do not drop the stitches off the needle and work as before, K2

**Found an error?  
Have a question?**

email me! My email is  
nicole.hindes@  
gmail.com

You can also visit my  
blog, allbuttonedup.  
wordpress.com and  
check out the Free  
Pattern pages to get  
the latest copy of this  
pattern with errata  
fixed.

I hope you enjoy this  
pattern!



**Continue heel flap:**

Turn, Row 2 and 4 of heel flap pattern:  
 Sl 1 purl 4, k1, purl 25, k1 p5.  
 Row 3 – Sl 1, (k2tog, but do not slip off the needle. Put the right needle between the two stitches just knit together and knit the first stitch again. Drop both stitches off the left needle.) twice. P1 \*k1, Sl 1wyif\* 12 times. K1, P1, (k2tog, but do not drop stitch off the needle. Put the right needle between the two stitches and through the first stitch and knit the stitch. Drop both stitches off the left needle.) twice. K1.  
 Repeat rows 1-4 8 times, or about 2.5 inches, ending with row 2 or 4.

**Turn Heel:**

Knit 20 sts, ssk, k1, turn.  
 Next row, sl 1 p5, p2tog, p1 turn  
 Next row, sl 1, knit to one stitch before the gap, ssk, k1  
 Next row, sl 1, purl to one stitch before gap, purl 2 tog, p1

Continue as established until all stitches have been worked, ending with a knit row (21 stitches remaining).  
 Using the needle that is currently holding the heel stitches, pick up 17 stitches (or more depending on your row gauge) along the side of the heel flap using the below method:

Put the needle under both loops of the selvedge stitches, coming in from the BACK. Wrap the yarn and pull the

**About the Designer:**



Nicole is looking at 2 more years of living with hundreds of college students as she pursues her masters degree in Higher Education and Student Affairs.



stitch back through to the back of the work. Continue in this manner until you have picked up and knit each stitch of the selvedge chain– the goal of doing it this way is to make the selvedge stitch appear on the outside of the sock (not hidden in the inside).

Knit across the instep in the pattern as established (this should be a p2, k4 row – except it begins and ends with only a p1)

With a new needle, pick up and knit 17 stitches along the other side of the heel flap (in the same manner as described before) and knit 10 stitches from the next needle.

Next round – K10. Knit the remaining stitches from Needle 1 through the back of the loop. Knit needles 2 and 3 in pattern, as established. Needle 4- Knit 17sts (or however many you picked up from the heel flap) through the back of the loop, then knit the remaining 11 stitches (normally)

**Gusset:**

Round 1 (Decrease round) – Needle 1: Knit until 2 sts remain, k2tog. Needles 2&3, continue as established, in pattern, Needle 4: ssk, knit to end.  
 Round 2 – Needle 1, Knit all stitches. Needles 2 & 3, continue as established.

Needle 4, knit all stitches.

Repeat those 2 rounds until there are 18 sts on needle 1 and 4 (you’ll have to do one extra decrease on one side).

**Foot and Toe:**

Knit even, in established pattern, until the foot is 7 inches long from the back of the heel. Begin shaping the toe

Preparation round: Knit all stitches.

Round 1 – Needle 1 knit until 3 stitches remain, k2tog, k1. Needle 2, k1 ssk, knit remaining stitches. Needle 3 (same as needle 1), Needle 4 (same as needle 2).  
 Round 2 – Knit even.

Repeat these two rounds until you have 10 stitches remaining on each needle, ending with round 2.

Repeat round 1 until 6 stitches remain on each needle, 24 stitches total. Knit the stitches from needle 1. Put the stitches from needle 4 on needle 1. Put the stitches from needle 2 on needle 3.

**Finishing:**

Use kitchener stitch (or grafting) to close the toe. Weave in all ends. Block. Photograph. Post to your blog, flickr and Ravelry. Gift if necessary.