



Herringbone Rib Socks

Kristi Schueler

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HERRINGBONE RIB SOCKS

KRISTI SCHUELER

Providing technical guidance as well as fun, creative patterns, this resource tackles handpainted yarns, identifying the many challenges—and opportunities—they provide for knitting socks. Focusing on how to make the most of these much-loved yarns, it explains how to design projects with hand-dyed yarns, how to avoid the pitfalls of pooling and splotching, and how to combine multicolored handpaints with other yarns. Fresh, modern sock patterns from a variety of contributors illustrate successful techniques, showing that with creativity and a little technical know-how, knitters can fully take advantage of these beautiful, yet sometimes tricky, yarns. *Knitting Socks with Handpainted Yarn* by Carol Sulcoski (\$19.95, Interweave) will be available in January 2009 from your favorite yarn shop, bookstore, or online at interweave.com.

A stitch pattern resembling herringbone weave helps to blend the colors of handpainted yarn; the bold ribs add stretch for a more forgiving fit. This versatile unisex pattern may well become one of the go-to sock patterns in your repertoire.



Finished Size About 7½ (9)" (19 [23] cm) foot circumference and 8½ (10)" (21.5 [25.5] cm) long from back of heel to tip of toe.

Yarn Fingering weight (Super Fine #1).

Shown here: Claudia's Hand Painted Yarns Fingering (100% merino; 175 yd [160 m]/50 g); John B., 2 skeins.

Needles U.S. size 1.5 (2.5 mm): set of 4 double-pointed (dpn).

Adjust needle size if necessary to obtain the correct gauge.

Notions Marker (m); tapestry needle.

Gauge 14 stitches and 22 rounds = 2" (5 cm) in stockinette stitch worked in the round.

STITCH GUIDE

Herringbone Rib Pattern (mult of 12 sts)

Rnd 1: *P1, k1, [yo, sl 1 purlwise (pw) with yarn in back (wyb), k2, pass slipped st over both knit sts] 3 times, p1; rep from * to end.

Rnd 2: *P1, [k2, sl 2 sts just worked back to left-hand needle, pass third st over 2 sts just worked, sl those 2 sts back to right-hand needle, yo] 3 times, k1, p1; rep from * to end.

Rep Rnds 1 and 2 for patt.

LEG

With larger needles, loosely CO 60 (72) sts. Arrange sts so there are 24 (24) sts on Needle 1, 24 (24) sts on Needle 2, and 12 (24) sts on

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Needle 3. Place marker (pm) and join for working in the rnd, being careful not to twist sts. Rnd begins at back of leg.

Next rnd: P1, k2, *p2, k2; rep from * to last st, p1. Rep the last rnd 11 more times—12 rnds total; piece measures about 1" (2.5 cm) from CO. Work Herringbone Rib patt (see Stitch Guide and chart) until piece measures about 7 (8)" (18 [20.5] cm) from CO, or desired length to top of heel, ending with Rnd 1.

HEEL

Sl 1 pwise wyb, k20 (23), turn work so WS is facing, sl 1 pwise with yarn in front (wyf), p29 (35) onto Needle 1, slip any remaining sts to Needle 2—30 (36) heel sts centered at back of leg. Rem 30 (36) sts will be worked later for instep.

HEEL FLAP

Work 30 (36) heel sts back and forth in rows as foll:

Row 1: (RS) *Sl 1 pwise wyb, k1; rep from * to end of row.

Row 2: (WS) Sl 1 pwise wyf, purl to end. Rep Rows 1 and 2 thirteen (sixteen) times—30 (36) rows have been worked (including the 2 rows worked above)—15 (18) chain edge sts at each selvedge.

TURN HEEL

Work short-rows to shape heel as foll:

Row 1: (RS) Slip 1 pwise wyb, k17 (20), ssk, k1, turn work.

Row 2: Sl 1 pwise wyf, p7, p2tog, p1, turn.

Row 3: Sl 1 pwise wyb, knit to 1 st before gap produced by previous

row, ssk (1 st from each side of gap), k1, turn.

Row 4: Sl 1 pwise wyf, purl to 1 st before gap produced by previous row, p2tog (1 st from each side of gap), p1, turn.

Rep Rows 3 and 4 until all heel sts have been worked—18 (22) heel sts rem. On last 2 rows, omit the knit or purl sts after dec if necessary.

SHAPE GUSSETS

Pick up and knit sts along selvedge edges of heel flap and rejoin for working in the rnd as foll:

Rnd 1: With Needle 1, k18 (22) heel sts then pick up and knit 15 (18) sts along edge of heel flap; with Needle 2, work 30 (36) instep sts as foll: k2 (0), p1 (0), work 24 (36) sts in Herringbone Rib patt as est, p1 (0), k2 (0); with Needle 3, pick up and knit 15 (18) sts along other edge of heel flap, then knit the first 9 (11) heel sts again—78 (94) sts total; 24 (29) sts each on Needles 1 and 3; 30 (36) instep sts on Needle 2. Rnd begins at center of heel.

Rnd 2: On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, work in patt as established; on Needle 3, k1, ssk, knit to end—2 sts dec'd.

Rnd 3: Cont in patt as established (work sts on Needle 2 as for Rnd 1; work in St st on Needles 1 and 3).

Rep Rnds 2 and 3 eight (ten) more times—60 (72) sts rem.

FOOT

Cont even in patts as est until piece measures about 6¾ (8)" (17 [20] cm) from back of heel, or about 1¼ (2)" (4.5 [5] cm) less than desired total foot length.

TOE

Work in St st as foll:

Rnd 1: On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, k1, ssk, knit to last 3 sts, k2tog, k1; on Needle 3, k1, ssk, knit to end—4 sts dec'd.

Rnd 2: Knit.

Rep Rnds 1 and 2 six (eight) more times—32 (36) sts rem. Rep Rnd 1 every rnd 4 (5) times—16 sts rem. Knit the sts on Needle 1 onto Needle 3—8 sts each on 2 needles.

FINISHING

Cut yarn, leaving a 12" (30.5 cm) tail. Thread tail on a tapestry needle and use the Kitchener st (see Glossary) to graft sts tog. Weave in loose ends. Block lightly. ■



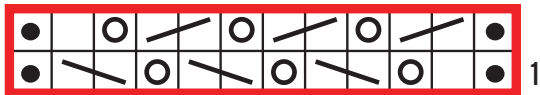
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Herringbone Chart




 knit

 purl

 yo

 slip 1 st pwise wyb, k2,
pass slipped st over both knit sts

 k2, slip them back to left-hand needle,
pass 3rd st over 2 sts just knitted, slip
2 sts back to right-hand needle

 pattern repeat

Kitchener Stitch

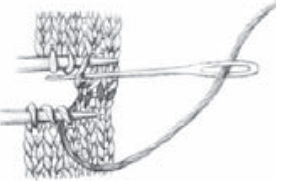
Step 1: Bring threaded needle through front stitch as if to purl and leave stitch on needle.

Step 2: Bring threaded needle through back stitch as if to knit and leave stitch on needle.

Step 3: Bring threaded needle through same front stitch as if to knit and slip this stitch off needle. Bring threaded needle through next front stitch as if to purl and leave stitch on needle.

Step 4: Bring threaded needle through first back stitch as if to purl (as illustrated), slip this stitch off, bring needle through next back stitch as if to knit, leave this stitch on needle.

Repeat Steps 3 and 4 until no stitches remain on needles.



Illustrations by Gayle Ford



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