

Needle & Arts

KNITTED WOMENS' SOCKS by Lois



2 x 50 gr. Balls of sock yarn
Five Double Pointed Needles size 2.5mm.

Sock size: small to medium

Starting at the top, cast on 60 stitches . Divide these stitches so that there are 15 stitches on four of your five needles, being sure not to twist the stitches as you join to start the cuff. To start cuff, k 2, p 2, for 2 inches (5cm). You can make shorter or longer cuffs if you prefer. Now work in stockinet stitch (knit each round) until total length is 5 ½"(14cm) [this measurement includes all rows from the cast-on row]. If you want a longer sock you can continue to knit to a length of 8"(20cm).

FOR THE HEEL:

Knit the 15 stitches on the 1st needle, turn (this means you do not continue on to the second needle); slip the 15 stitches from the 4th needle onto the 1st needle with the 15 stitches just knitted. This now becomes the heel needle. Leave the other stitches on needles two and three, as they become the instep needles. Working only with the heel needle, knit the following rows:

1st heel row: p across heel stitches.

2nd row: * sl 1 as if to purl, k1. Repeat from * across.

Repeat these two rows for a total of 26 rows ending with the 2nd row.

To turn the heel or "shape the heel", work the following:

1st row: (wrong side): p 19. p 2 tog. p 1, turn.

2nd row: (right side) sl 1, k 9, sl 1. k 1, p.s.s.o, k 1, turn.

3rd row: sl 1, p 10, p 2 tog, p1, turn.

4th row: sl 1, k 11, sl 1, k 1, p.s.s.o, k 1, turn.

5th row: sl 1, p 12, p 2 tog, p 1, turn.

6th row: sl 1, k 13, sl 1, k 1, p.s.s.o, k 1, turn.

7th row: sl 1, p 14, p 2 tog, p1, turn.

8th row: sl 1, k 15, sl 1, k 1, p.s.s.o, k 1, turn.

9th row: sl 1, p 16, p 2 tog, p 1, turn.

10th row: sl 1, k 17, sl 1, k 1, p.s.s.o, k 1.

There should now be only 20 stitches remaining on the heel needle. With the heel needle, continue to knit by picking up and knitting 13 stitches along side of heel. You will then have a total of 33 stitches on the heel needle. With your spare needle, knit needle two and three. Now, pick up and knit the 13 stitches on the other side of the heel. Knit 10 stitches from the heel needle on to this same needle, giving you 23 stitches on that needle. Your first needle and fourth needle will now each have 23 stitches.

Now work as follows:

1st round: knit.

2nd round: Knit across the first needle to within last 3 stitches; knit 2 tog. Knit 1. Knit across the 2nd and 3rd needles. On 4th needle, knit 1, sl 1, knit 1, p.s.s.o, knit balance of stitches on 4th needle.

Repeat these two rounds alternately until 60 stitches remain on the round. Now work even in rounds as before, until foot measures 6 inches or two inches less than what your foot measures.

TOE:

First decrease round: Knit to within 3 stitches from the end of first needle. Knit 2 together, knit 1. On second needle, knit 1, slip 1, knit 1, p.s.s.o, knit to end of needle. Knit 3rd needle to within 3 stitches from the end of 3rd needle. Knit 2 together, knit 1. On 4th needle, knit 1, slip 1, knit 1, p.s.s.o, knit to end of needle.

Second round: Knit around.

Repeat these two rounds alternately until 16 stitches remain (4 stitches per needle).

Slip stitches from needle 2 onto needle 1. Slip stitches from needle 3 onto needle 4. Break off yarn leaving a length of about 18 inches. Thread yarn needle with this yarn and weave the remaining stitches together.

ALTERNATE METHOD FOR FINISHING TOE:

Instead of reducing to 16 stitches reduce to 6 or 8 stitches. Break off yarn leaving a length of about 18 inches. Thread yarn needle with this yarn, making sure that the yarn is double, thread through the remaining stitches and pass the yarn through the centre hole of the toe. Turn the sock inside out, pulling the yarn to close in the centre hole and darn in the yarn into the sock.

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